



Third Annual Meeting of Coordinators of Health and Physical Education

January 31, 2012, 8 a.m. – 3 p.m. (snow date: 2/8/12)

Crowne Plaza Cromwell, 100 Berlin Road, Cromwell, CT 06416

Registration opens at 7:30 a.m.

Sponsored by the Connecticut State Department of Education and the Department of Public Health.



Join health education and physical education coordinators from across the state to develop and share strategies that promote student health and wellness and its direct connection to academic achievement. This meeting will provide an opportunity for regional collaboratives to reconnect and plan group agendas for the year ahead. Participants will receive up-to-date information about federal, state and regional initiatives, resources and success stories that will have a positive impact on their work.

- Receive updates pertaining to school health and physical education policy and legislation;
- Expand awareness of the significant role health education and physical education play in a coordinated approach to overall school health;
- Identify national and state research, best practices and successes that emphasize and incorporate nutrition education as an important component of health and physical education curricula;
- Access support, tools and strategies for improving nutrition education programs and partnerships in their local schools and districts as important elements of overall health and success of students and the school community;
- Learn about the new *Guidelines for the Sexual Health Education Component of Comprehensive Health Education* and how to integrate them into district programs; and
- Interact with colleagues from your region and develop ways to work together and support each other's programs and outcomes.

The State of Connecticut Department of Education is committed to a policy of equal opportunity/affirmative action for all qualified persons and does not discriminate in any employment practice, education program, or educational activity on the basis of race, color, national origin, sex, disability, genetics, age, religion or any other basis prohibited by Connecticut state and/or federal nondiscrimination laws. Inquiries regarding the Department of Education's nondiscrimination policies should be directed to the Equal Employment Opportunity Director, Levy Gillespie, State of Connecticut Department of Education, 25 Industrial Park Road, Middletown, Connecticut, 06457 or call 860-807-2071.



Audience: Health education and physical education coordinators as well as district administrators with responsibility for these programs.

Facilitated by:
Dr. Bonnie J. Edmondson
Comprehensive School Health Consultant
Dr. Jean Mee
Consultant for Health and Physical Education

Fee: \$50 (includes breakfast and lunch)

CEUs: 0.6 **Register by:** 1/16/12

Course #: 1125300606



REGISTRATION

Register online at <http://www.registereastconn.org>. Click on the "Register Here," button under the workshop title. Create an account or log-in using your 4 digit PIN number and a valid purchase order (P.O.) number from your school. Note: If you are paying by personal check and not using a P.O., you will receive a confirmation via e-mail to send in with your check.

If you have questions regarding registration, or have difficulty using the online form, e-mail conferenceoffice@eastconn.org, or call 860-455-1533. Weather-related closings or delay information can be found online the day of the event at www.eastconn.org, click on "Cancellations" or call 860-455-0420.

This event is made possible through funding from the Centers for Disease Control and Prevention Cooperative Agreement: Improving Health and Educational Outcomes of Young People.